As you deal with the ever changing news associated with COVID-19, as well as the physical separation from your loved ones, you may experience a need to reach out for support and assistance.  Our sister agency, Jewish Family Services (JFS) has offered their help. Much like the Kutz Senior Living Campus, JFS services those of all faiths and cultures, while embracing Jewish traditions and values.  JFS Delaware is here to help anyone who needs mental health support and services, especially during stressful times. Their compassionate and professional team, including licensed therapists and psychiatrists, is prepared to respond to the changing needs of our community; JFS accepts most insurance plans. **If you or a loved one is experiencing mental health concerns, including increased anxiety, please call JFS at 302-478-9411.** If you are hesitant to visit a public office or if offices close for safety, JFS is ready and able to provide support remotely. **For information and  updates about JFS services, visit** [**www.jfsdelaware.org**](http://www.jfsdelaware.org)**.**

Yours in service,



Felisha E. Alderson, MSN, RN, CRRN, NE-BC

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